

## What Is It We Do...

- ☑ Meet each Monday @ 4 pm during the school term (Brophy Family and Youth Complex 210 Timor Street, Warrnambool)
- ☑ Supporting diverse young people in the south-west region
- ☑ Supporting local youth events to be all inclusive of sex, gender, and ability
- ☑ Support schools to become inclusive to all students and assist with LGBTIQA+ needs
- ☑ Attendance @ LGBTIQA+ events e.g. Daylesford ChillOut Festival and Melbourne Pride March
- ☑ Using local media to promote diversity and gather support from the community
- ☑ Develop and participate in training and learning opportunities
- ☑ A voice to Government on same-sex attracted, sex/gender diverse youth issues
- ☑ Developing resources like wrist bands, badges, t-shirts and this pamphlet
- ☑ Networks with rural and region areas across the state of Victoria

...and much, much, much more...

## Contact

YUMCHA  
Project Worker  
Ph: 5561 8888

[safe@brophy.org.au](mailto:safe@brophy.org.au)

Brophy Family & Youth Services  
210 Timor Street  
Warrnambool

[www.brophy.org.au](http://www.brophy.org.au)  
[www.kulchashift.org.au](http://www.kulchashift.org.au)

Funded by Victoria State Government  
Healthy Equal Youth (HEY)

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'a little bit of everything'  
& Yumcha Media



A LITTLE BIT OF EVERYTHING

**LGBTIQA+  
YOUTH GROUP  
SUPPORTING & CELEBRATING  
DIVERSITY**



**Diversity Youth Group  
(Ages 12-25)**

## What We're About...

Yumcha 'a little bit of everything' is open to anyone under the age of 25. The purpose of the group is to have a safe, and inviting space for diverse young people to come and hang out.

Yumcha offers a safe and relaxing space for young people to be empowered to create a better community for those who are diverse in sexual orientation and gender identity.

### We challenge homophobia, biphobia and transphobia by;

- Educating young people in schools about diversity
- Participating in promotional activities such as short films and promotional posters
- Being visible at events like pride march and celebrating diversity events
- Supporting young people to access specialised services to help with issues associated with identity

## Reasons To Join...

*"I support my gay friends and family so I wanted to help make a difference"*

-Yumcha Member



*"I was in a group in Warrnambool called YUMCHA... and it's a group I joined really just to try to meet more gay people...I joined for a couple of years. I think they're doing pretty well now."*

- Tom Ballard, comedian



*"It's a place where I can go and feel safe, be myself and hang out with a great bunch of people"*

-Yumcha Member



*"Keep up the great work, we need people like you, together I hope we can all make a difference."*

- Daniel Kowalski, Olympic swimmer



## More Reason To Join...

**1 in 10 people identify as LGBTIQ+**

**60% of LGBTIQ+ young people experience harassment, or discrimination**



**Experiencing homophobia, biphobia & transphobia can result in;**

Low Self Esteem  
Isolation  
Poor Mental Health  
Drug and Alcohol Misuse  
Higher rates of Self Harm & Suicide attempts

**For Immediate Support Call**

**Lifeline**

**13 11 14**

**Gay Lesbian Switchboard**

**1800 184 527**